

# **Hospice of the Central Peninsula**

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Thank you for your interest in Camp Mend-A-Heart!

When a child loses a love one, who do they turn to? What feelings go through their young mind? What can we do to help them in their grieving process?

To help answer these questions, Hospice of the Central Peninsula is excited to announce that Camp Mend-A-Heart day camp dates are set for August 6-8th, 2024, at Solid Rock's Wagon Train.

The free bereavement day camp aims to give children – ages 6 through 13 – an enjoyable, accepting, and supportive environment in which they can freely express their feelings about the loss of a loved one.

Hospice of the Central Peninsula volunteers are friendly, compassionate, well-trained, and committed to helping grieving children. Campers will have the opportunity to meet with other children who have experienced similar losses and to engage in activities involving art, music, and recreation through which they can explore their grief. Support groups are also a part of the day camp, enabling them to share their experiences with others as they move through the healing process.

All our services are *free* of charge and are made possible through contributions from the community and fundraising efforts by the board of directors.

Sincerely, Jared Askam Bereavement Coordinator

# **Application for Camp Mend-A-Heart**

Application due by July 17, 2024 Age range: 6-13 Day Camp Dates: August 6 – 8 2024	Solid Rock Bible Camp, Soldotna, AK Time at camp: 9:00am-3:30 pm		
Camper's full name:	Gender:		
Camper's name they want to be used at camp:			
Parent/Guardian:			
Relationship to camper:			
Phone number(s):			
Email contact:			
Mailing Address:			
Age of camper: Birthdate:			
Grade in the Fall: School:			
Emergency Contact (other than parent/guardian):			
Emergency Contact Phone number(s):			

#### Please complete these questions to help staff learn about this camper's experience with loss:

Name of loved one who died:\_\_\_\_\_\_ How was your camper related to the deceased? \_\_\_\_\_\_ When did the death occur? \_\_\_\_\_\_

Have any details of the death, such as the cause of death, how did the child react to the death, what behaviors were observed after learning of the death, challenges/obstacles the child has endured after the death?

List any help the camper has received to cope with grief (grief camp, support group, counseling, church, etc.)

What other big changes recently occurred in your camper's life? (Moving, divorce, new school, other losses, etc.?)

Please provide additional information that could be helpful in providing a positive camp experience for your camper:

Feel free to write on the back of the application if you need to give extra information.

#### No electronics are allowed at camp, including cell phones, pads, or hand-held electronic devices.

Your camper will receive a free Camp Mend-A-Heart T-shirt when arriving at camp. Please <u>circle</u> the correct T-shirt size for them:

Youth Small Youth Med Adult Small Adult Med Adult Large Adult XL Other\_\_\_\_\_

# CAMPER BEREAVEMENT HISTORY

Was your child present at the time of death? Yes No Did your child attend the funeral/memorial service? Yes No Do you and your child talk about the deceased? Yes No Has your child received counseling? Yes No Has the family received counseling? Yes No Has the child and/or family attended a support/group program? Yes No Was the school notified that your child experienced a loss? Yes No

Has your child experienced any other deaths? 
Yes 
No

If so, who when

Has your child said or done anything that has concerned you recently? Yes No

If so, what gave you concern:

# PLEASE CIRCLE THE NUMBER WHICH BEST REFLECTS YOUR CHILD'S EXPERIENCE:

#### (1) STRONGLY DISAGREE TO (5) STRONGLY AGREE

				Was this an issue before the death?
Decrease in communication with parent/caregiver:	1	3	5	🗆 Yes 🗆 No
Stealing:	1	3	5	🗆 Yes 🗆 No
Destruction of property:	1	3	5	🗆 Yes 🗆 No
Run away from home:	1	3	5	🗆 Yes 🗆 No
Shown signs of self-harm:	1	3	5	🗆 Yes 🗆 No
Caused harm to others:	1	3	5	🗆 Yes 🗆 No
Unusual/inappropriate sexual behavior:	1	3	5	🗆 Yes 🗆 No
Depression:	1	3	5	🗆 Yes 🗆 No
Special fears:	1	3	5	🗆 Yes 🗆 No
Regression:	1	3	5	🗆 Yes 🗆 No
Behavior problems at home:	1	3	5	🗆 Yes 🗆 No
Behavior problems at school:	1	3	5	🗆 Yes 🗆 No
Changes in family relationships at home:	1	3	5	🗆 Yes 🗆 No
Changes in peer relationships at school:	1	3	5	🗆 Yes 🗆 No
Have you talked with your child about coming to Camp Mend-A-Heart?				🗆 Yes 🗅 No
What, if any, concerns do you have about your child coming	to camp?	)		
What, if any, concerns does your child express?				
Other comments you wish to make:				

Parent/Guardian signature:		Date:
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#### **CAMPER MEDICAL INFORMATION**

 Does the camper have any of the following:

 Physical Limitations:
 Yes

 No

 Hearing Impairment:
 Yes

 Yes
 No

 Asthma:
 Yes

 Yes
 No

 Motion Sickness:
 Yes

 Yes
 No

 Convulsions/Seizures:
 Yes

 Yes
 No

 Nosebleeds:
 Yes

 Yes
 No

 Diabetes:
 Yes

 Yes
 No

 Dietary Restrictions:
 Yes

 No
 Other (please specify)

 Does your child currently take medications?
 Yes

# Please attach a list of your child's current medications.

Will your child be taking medications at camp? If yes, please specify:

Does your child have any allergies? If so, please list them below:

Parent/Guardian signature:	Date:
Relationship to camper:	

# **Camp Mend-A-Heart**

# Hospice of the Central Peninsula **MEDIA CONSENT FORM – MINOR**

I hereby authorize the use and reproduction of photographs, audio/video recordings, interviews, and	
information about my child(ren) (print name) taken	by and
for Camp Mend-A-Heart/Hospice of the Central Peninsula (HOCP) during CMAH/HOCP activities.	These
may be viewed in/on newspapers, newsletters, public flyers, social media (Facebook, etc), HOCP web	osite,
radio, etc for advertisement.	
Print name of child(ren): Print name Parent or Guardian: Parent/Guardian Signature:	
Date: Mailing Address:	
Phone Number:Email:	

I DO NOT authorize the use and reproduction of photographs, audio/video recordings, interviews and information about my child(ren) \_\_\_\_\_\_ (print name) taken by and for Camp Mend-A-Heart/Hospice of the Central Peninsula (HOCP) during CMAH/HOCP activities. These may be viewed in/on newspapers, newsletters, public flyers, social media (Facebook, etc), HOCP website, radio, etc for advertisement

Name:	 	 	
Signature:	 	 	
Date:			